12 Signs that Your Success is Complicated

BY RAQUEL HOPKINS

- 1. Excessive spending. You have an "abundant money" mindset, so you continue to spend because, to you, it means everything is status quo. Underlying issues are not being resolved, however.
- 2. You've become the asshole. Sometimes the "burden" of being the successful, hardworking one takes its toll on you. You have a short fuse as it feels like everyone around you is stupid, insensitive and judgemental.
- 3. Austere spending. Unlike excessive spending, you spend very little because you have a scarcity mindset. It's difficult for you to enjoy the fruits of your labor.
- 4. Random or increased crying. You are stressed, overwhelmed and yearning for things to go back to "normal".
- 5. Obsessed with luxury. You like the idea of of separation, distinction, and associating with the upper echelons. Reflect on the emotional connections you have with material goods.
- 6. *Drugs and alcohol*. You may have new or increased use of various substances. You may be seeing serious consequences.
- 7. Edu-crastination. You enjoy getting letters behind your name. You enjoy learning, but aren't doing anything with the added credentials for fear of being exposed as a fraud.

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- 8. Master of looking busy. You've committed to the illusion of looking busy. Your long-term vision includes maintaining or advancing your platofrm by networking and "faking it until you make it".
- 9. Random relationships and friendships. You desire a sense of belonging, so you've formed relationships with those who don't add true value to your world.
- 10. Always searching for a new job, You hate your job, but the money allows you to maintain a lifestyle that you'd be too embarrassed to walk away from.
- 11. You're on a spiritual journey. You may be questioning your purpose and existence, signed-up for a host of summits and retreats and therapy sessions to help you find direction.
- 12. You deserve the Humanitarian Award of the Year. You are constantly giving, but it may be to feed your own ego and bring you a sense of selfworth and high status.